

Work with Me

1 Intro Call

A free 20-minute intro call to explore your needs, answer questions, and see if we're a good fit to work together.

2 New Client Special

3 sessions at a pay-what-you-can rate.

3 Somatic Therapy & Creativity Mentorship

1 MONTH

- 4 sessions
- text + voice message support

\$450

2 MONTHS

- 8 sessions
- text + voice message support

\$900

3 MONTHS

- 12 sessions
- text + voice message support
- complimentary access to Creative Healing Group

\$1,350

SINGLE ONE-OFF SESSION: 1 hr, \$175

Equity + Accessibility: I offer a limited number of Equity + Accessibility pricing spots. If you'd like to be considered, please reach out via email. If there are no current spots available you will be added to a waitlist!